**ARE YOU AT RISK OF TRAFFICKING?**

**BE ALERT**

* Be careful of any tempting offers of employment, study or marriage abroad made by casual acquaintances or friends.
* If you accept a job offer, make sure that there is a legitimate contract or another signed agreement.
* Do not trust announcements offering job, study or marriage abroad. Always verify and check information provided in such announcements. As a rule, offers on quick, easy and high income are fake. You must be prudent and cautious.
* Look out on the Internet to find the address of companies inviting you to work; consult representatives of organizations or the authorities on the whereabouts and reputation of such companies or potential employers.
* Do not accept any suspicious gifts by acquaintances or unknown to you people.
* If the person offering you the opportunity gives only vague information or is asking for secrecy – especially if they are asking you to keep it a secret from your family – be very cautious.
* Do not give your personal documents or mobile phones to anyone apart from the authorities.
* Do not accept to be taken somewhere by people you don’t know well enough, especially without knowing where they are taking you and what for.
* Does the person make you feel uncomfortable? Trust your instincts.

**ASK FOR HELP**

If anyone threatens you or tries to make an offer that seem suspicious, do not be afraid to call 112 (European Emergency Line) or to contact the organizations below.

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| Logo, company name  Description automatically generated with medium confidence | Rotušės a. 23 Kaunas, **LITHUANIA**  +370 679 61617​  [info@anti-trafficking.lt](mailto:info@anti-trafficking.lt) |
|  | National Association against Trafficking in Human Beings  24/7: 800 91119 (free calls from Lithuania)  +370 61691119 (from all countries, in En, Lt, Russian)  [info@stop-trafficking.lt](mailto:info@stop-trafficking.lt) |
| A picture containing text, clipart  Description automatically generated | PO Box 5, EN 00 – 956 Warsaw 10, **POLAND**  +48 22 628 99 99​  [strada@strada.org.pl](mailto:strada@strada.org.pl) |
| Icon  Description automatically generated | Lützowstr.102-104, Hof 1, Aufgang A, 10785 Berlin​, **GERMANY**  +49 30 263 911 76​  [info@kok-buero.de](mailto:info@kok-buero.de) |
|  | European Emergency Line – works in any EU country with no need to digit a country code |